

LUNCH MENU 15-19 MARCH 2010

NAME:

MONDAY 15 MAR 2010		TUESDAY 16 MAR 2010		WEDNESDAY 17 MAR 2010	
HOLIDAY	PRICE		PRICE		PRICE
SWISS STEAK W/TOMATO SAUCE	2.60	FISH W/LEMON GARLIC BUTTER	1.80	BBQ SPARERIBS	3.80
SWEET ITALIAN SAUSAGE	1.05	CHICKEN FAJITAS	1.55	FRIED CHIKEN	1.25
BAKED CHICKEN	1.25	BAKED HAM	1.40	SOUTHERN FRIED CATFISH	2.45
MASHED POTATOES	0.40	MASHED POTATOES	0.40	STEAMED RICE	0.10
STEAMED RICE	0.10	GINGER RICE	0.30	CORN ON THE COB	1.00
PEPPER & ONIONS	0.50			BLACK-EYED PEAS	0.45
BROCCOLI	0.60	SPINACH	0.55	MUSTARD GREENS	1.10
CARROTS	0.65	SUMMER SQUASH	0.50	OVEN BRONW POTATOES	0.40
CANNONBALL SNDWCH	1.40	STEAK & CHEESE SUB	1.70	MOZZARELLA STICK	2.35
CHICKEN NUGGETS	1.90	TACOS	0.95		
Beverage:		Beverage:		Beverage:	
THURSDAY 18 MAR 2010		FRIDAY 19 MAR 2010		<p>DEAR PARENTS,</p> <p>Please circle the item you want to order. Be flexible as some items may not be available. The prices are not fixed. Allow +/- .50 Contact the school office - 8463/8464 if you have any concerns.</p> <p>Beverage Options:</p>	
	PRICE		PRICE		
PORK CHOPS W/MSHRM SAUCE	2.10	SHRIMP SCAMPI	3.10		
PEPPER STEAK	2.25	BONELESS ROAST TURKEY	1.80		
OVEN FRIED FISH	2.45	BEEF STEW	2.10		
RISSOLE POTATOES	0.55	ALASKA CHEESE BAKED FISH	1.95		
STEAMED RICE	0.10	STEAMED RICE	0.10		
BROCCOLI	0.65	CORN-ON-THE-COB	1.00		
PEAS/CARROTS	0.60	CAULIFLOWER	0.90		
STEAMED CORN	0.55	COLLARD GREENS	1.15		
BUFFALO WINGS	1.25	BBQ PORK SANDWICH	1.30	MILK	1.00
				APPLE JUICE	0.45
				ORANGE JUICE	0.45
				GRAPE JUICE	0.45
Beverage:		Beverage:		ICED TEA / SWEET	0.15